



# Job Spa: 12 Weeks to Refresh, Refocus, and Recommit to Your Career

*Milo Sindell, Thuy Sindell*

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*Does your boss ignore you?*

*Is your career going nowhere?*

*Are you just going through the motions?*

If so, you need a trip to the Job Spa. Inside, authors Milo Sindell and Thuy Sindell detail an easy-to-master program that shows you how to reengage with your work and approach your career with new levels of energy and enthusiasm. Doing so will enable you to:

- Gain the respect of your boss and colleagues
- Build valuable relationships in the workplace
- Reconnect with fellow employees
- Create and expand your professional network
- Improve your listening skills

*Job Spa: Twelve Weeks to Refresh, Refocus, and Recommit to Your Career* is all you need to get excited, get noticed, and get ahead-once and for all.

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