



Infant Feeding Practices: A Cross-Cultural Perspective

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It's natural... It's unsightly... It's normal... It's dangerous. To breastfeed or not? For millions of women around the world, this personal decision is influenced by numerous social, cultural, and health factors. *Infant Feeding Practices* is the first book to delve into these factors from a global perspective, revealing striking similarities and differences from country to country. Dispatches from Asia, Australia, Africa, the U.K., and the U.S. explore as wide a gamut of salient issues affecting feeding practices as traditional beliefs about colostrums, "breast is best" campaigns, partner attitudes, workplace culture, direct government intervention, and the pressure to be a "good mother." Throughout these informative pages, women are seen balancing innovation and tradition to nurture healthy, thriving babies.

A sampling of topics covered:

- Policy versus practice in infant feeding.
- Infant feeding in the age of AIDS.
- Managing the lactating body: the view from the U.S.
- Motherhood, work, and feeding.
- The effects of migration on infant feeding.
- From breastfeeding tradition to optimal breastfeeding practice.

Infant Feeding Practices is a first-of-its-kind resource for researchers and practitioners in maternal and child health, public health, global health, and cultural anthropology seeking empirical findings and culturally diverse information on this sensitive issue.

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