



# Happiness Is . . .: Simple Steps to a Life of Joy

*A. R. Bernard*

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# Happiness Is . . . : Simple Steps to a Life of Joy

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## **Happiness Is . . . : Simple Steps to a Life of Joy** A. R. Bernard

A powerful tool that can help anyone escape the grip of negativity and achieve spiritual prosperity.

If money doesn't buy happiness, what does? From the founder and spiritual leader of the 28,000-member New York Christian Cultural Center, here is a powerful tool that can help anyone escape the grip of negativity and achieve the spiritual prosperity that can come only with discipline and wisdom. Drawing on scripture, common sense, and inspirational quotes from an army of luminaries that includes Billy Graham, Mother Theresa, Quincy Jones, and Rick Warren, *Happiness Is . . .* explains what happiness is, how to find it, and how to keep it. "Happiness isn't a commodity that can be purchased in a store" counsels Bernard. "It's a by-product of the way you choose to live and the things you choose to think" *Happiness Is . . .* teaches you not to worry about things you can't control and instead inspires you to use the talents that God has already given you to lead a purposeful, principled life. Are you ready to celebrate your life today? God's love for you is infinite. Accept it joyfully . . . and be happy now.

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