



# Strength of a Champion: Finding Faith and Fortitude Through Adversity

*O.J. Brigance, Peter Schrager*

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**Strength of a Champion: Finding Faith and Fortitude Through Adversity** O.J. Brigance, Peter Schrager  
As the Baltimore Ravens made their improbable march to victory in Super Bowl XLVII, they turned to their senior advisor of player development, O.J. Brigance, for inspiration each and every Sunday.

Following a stellar twelve-year career as a linebacker, including a Super Bowl win with Baltimore in 2000, O.J. Juice Brigance joined the Ravens front office. But in 2007, O.J. was diagnosed with amyotrophic lateral sclerosis also known as Lou Gehrig's disease and told he had only three to five years to live. As a player, he'd battled hundreds of injuries and setbacks. None of them prepared him to face ALS.

With faith and determination in his heart and his wife, Chanda, praying by his side, O.J. fought back against the debilitating disease, even as ALS robbed him of the ability to walk and speak. He kept working, smiling, and touching his players lives all the way through their remarkable Super Bowl run more than five years after his diagnosis.

Now, O.J. shares his incredible story, offering lessons in resilience and reflecting on the championship team that inspired him in turn. Along with his own journey, O.J. recounts the struggles and successes of Ravens players, including Ray Lewis, Joe Flacco, and Torrey Smith, as well as the strength of head coach John Harbaugh. Having watched their season from the best seat in the house, O.J. highlights their perseverance, confidence, and leadership, and the best that sports can bring out in people.

Full of profound revelations and never-before-told anecdotes, *Strength of a Champion* is a celebration of the human spirit from a man who left everything on the field. O.J. Brigance never asked to be a hero. That's what makes his story so courageous.

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