



Palabras caballo: 178 (Serendipity) (Spanish Edition)

Juan Miguel Fernández-Balboa Balaguer

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Este libro destaca por su original planteamiento, su lenguaje directo y coloquial y, sobre todo, la profundidad de sus enseñanzas. Partiendo de los fundamentos del coaching ontológico y utilizando la metáfora de un auriga avezado (significando al propio lector o lectora) y sus veintiséis caballos (sus potencialidades), el Dr. Fernández-Balboa hilvana un eficaz método pedagógico para el autoconocimiento y el crecimiento personal que culmina en poderosas propuestas -atinadas, sencillas y prácticas. Para ello, de forma ingeniosa, utiliza ejemplos de su propia y extensa práctica profesional (como profesor universitario y coach certificado), historias con un cariz filosófico e información científica extraída de varios campos. Cada capítulo, en definitiva, va aportando pequeñas pepitas de oro que, en su conjunto, configuran un valioso tesoro. Quien lea este libro se sentirá enriquecido, inspirado y acompañado en su camino hacia sus sueños y su felicidad. El Dr. Juan-Miguel Fernández-Balboa Balaguer nació en Barcelona en 1956. Es Doctor en Educación por la University of Massachusetts (EEUU). Tras veinte años de docencia universitaria en Estados Unidos, donde obtuvo el rango equivalente a catedrático de universidad, regresó a España en 2007 para ocupar una plaza de Profesor Titular en la Universidad Autónoma de Madrid, donde, actualmente, enseña e investiga. Además, es autor de numerosos escritos en el ámbito educativo a nivel internacional y, como coach profesional (individual y de equipos), da charlas y cursos en relación al desarrollo personal, deportivo y empresarial. Ver www.coachdoctorbalboa.com

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