



Lebenshungrig: Mein Weg aus der Magersucht (German Edition)

Laura Pape

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Mit 17 Jahren beschließt Laura Pape, ein bisschen abzunehmen, weil sie sich in ihrem Körper nicht wohlfühlt. Doch was als harmlose Diät beginnt, gerät bald außer Kontrolle. Laura rutscht in kürzester Zeit in die Magersucht, hungert sich ins starke Untergewicht.

Es ist ihre Mutter, die schließlich die Notbremse zieht und Laura in eine Klinik bringt. Nach einem halben Jahr wird sie wieder entlassen, doch der Kampf gegen die heimtückische Krankheit ist noch lange nicht vorbei: Jeden Tag aufs Neue ringt Laura mit dem Essen, bis ihr bewusst wird, dass sie ihr Leben verpasst, wenn sie die Welt der Magersüchtigen nicht bald hinter sich lässt.

In LEBENSHUNGRIG erzählt Laura Pape von ihrer Erkrankung und wie sie den Weg zurück ins Leben gefunden hat. Ergänzt werden ihre persönlichen Aufzeichnungen durch verschiedene Rückblicke von Verwandten und Freunden, die schildern, wie sie Lauras Magersucht erlebt haben.



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