



# Istanbul: Recipes from the heart of Turkey

*Rebecca Seal*

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## **Istanbul: Recipes from the heart of Turkey** Rebecca Seal

‘The food of Istanbul is as rich, colourful and multilayered as the ancient culture that created it. Rebecca Seal successfully manages the unimaginable: bringing it to us in its full magnificent glory.’ yotam ottolenghi  
Walk the streets of Istanbul and you’ll see a city of wonderful contradictions: step out of a stylish modern bar and you’re likely to turn a corner and find lamb kebabs roasting over coals on a tiny food cart, in the shadow of towering minarets. This fascinating place, where East meets West and Europe borders Asia, inspired Rebecca Seal and Steven Joyce to create Istanbul, a food tour of the city. From simple meze dishes to fragrant Ottoman-era stews, this book is full of delicious recipes – try roasted Aubergines Stuffed with Spiced Lamb, crunchy Fennel Salad speckled with pomegranate or Sumac-marinated Roast Chicken, and be transported to the kitchens of Istanbul.



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