



The Power of You: How to Live Your Authentic, Exciting, Joy-Filled Life Now!

Chris Michaels

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The Power of You: How to Live Your Authentic, Exciting, Joy-Filled Life Now! Chris Michaels Winner of the 2014 Nautilus Award represents “Better Books for a Better World”—the Silver Award in the category of Personal Growth/ Self-Help.

Practical, motivating, and inspiring ways to unleash your potential—from one of today’s most exciting spiritual teachers!

You are a masterpiece. You have everything you need right now to create your life exactly as you want it to be.

Successful people will often say that when they’re at their peak performance level, they feel a sense of some *other presence* with them—something beyond themselves. That *other presence* seems bigger than their own talent or personality.

The Power of You guides readers in discovering the *other presence* that resides within all of us. As author and spiritual director Chris Michaels shows, once we are able to tap into this presence, we can use it to help improve every aspect of our lives.



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