



# **Whose Face Is in the Mirror?: The Story of One Woman's Journey from the Nightmare of Domestic Abuse to True Healing**

*Dianne Schwartz*

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The Story of One Woman's Journey from the Nightmare of Domestic Abuse to True Healing. Throughout this book, Schwartz offers valuable self-help techniques to enable battered women to discover their self-worth and regain their lives. Her honesty in detailing her thought processes provides enormous insight into the psyche of a victim of abuse, while her ultimate recovery offers hope to others trapped within the cycle of domestic violence. All profits from this book will be donated to charity.

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