



Becoming a Well Woman

Catherine Fendig

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BECOMING A WELL WOMAN is a deeply moving and courageously honest account of leaving behind unhealthy relationships and finding true love. Catherine's journey is a modern day story using 2,000-year-old spiritual principles to break free of her addiction to love and the cycle of abuse. It chronicles, step by step, the process of recovering and offers the amazing promise that anyone willing to do the work can experience revolutionary healing.

With Divine help, you can heal your damaged self-esteem and walk into the light of purpose, true peace, and lasting love. Follow Catherine as she leads us to the Well and then back out from it as Well Women able to carry the message of hope to others still needing to hear it. A compelling read, filled with moments of laughter and tears, insights and ah-ha's that can inspire, inform, and change the course of your love life!

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