



Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts

Christina Ross

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Nourish your body as you indulge in *Love Fed* desserts—heaven in every bite.

An artist in the kitchen, Christina Ross relies on intuition and creativity to conjure up her beautiful Parisian-inspired confections. Christina found her calling when she transitioned to a raw, vegan diet and discovered one thing was missing—decadent sweets! She set out to remedy the situation and, to her surprise and delight, found that the heavenly, nutritious treats she created didn't just satisfy her sweet tooth—they were better than traditional sweets in every way!

In *Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts*, Christina, founder of the vegan dessert line PatisseRaw and the popular blog love-fed.com, serves up raw, vegan treats full of nourishing ingredients and intense flavor, without a touch of gluten, dairy, or refined sweeteners. *Love Fed* takes the plant-based, no-cook method of preparing desserts to new heights with more than 80 delicious, easy recipes.

Christina gives you everything from **Pistachio Saffron Rose Water Ice Cream** and **Chocolate Almond Hazelnut Caramel Apple Torte** to **Trail-Blazing Truffles**, **Blueberry Coconut Dreamsicles**, and **Splendid Day Red Velvet Cupcakes**, satisfying to even the most discerning sweet tooth. Along the way, she introduces new ingredients, shares her solutions for potential hiccups, tells stories from her life, and includes mouthwatering full-color photos.

Featuring a recipe by Jason Mraz, *Love Fed* caters to both novices and experienced foodies alike. Chocolate lovers, caramel aficionados, ice cream devotees, cake enthusiasts, cheesecake fans—*Love Fed* has it all for you.

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Robert Hay:

As people who live in the actual modest era should be update about what going on or facts even knowledge to make them keep up with the era that is certainly always change and advance. Some of you maybe may update themselves by examining books. It is a good choice for you personally but the problems coming to an individual is you don't know what one you should start with. This Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts is our recommendation to help you keep up with the world. Why, since this book serves what you want and want in this era.

Loretta Tellis:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their sparetime with their family, or their friends. Usually they doing activity like watching television, likely to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Might be reading a book may be option to fill your free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to test look for book, may be the book untitled Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts can be great book to read. May be it may be best activity to you.

Charles Edwards:

Playing with family in the park, coming to see the coastal world or hanging out with good friends is thing that usually you have done when you have spare time, then why you don't try thing that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts, you can enjoy both. It is good combination right, you still would like to miss it? What kind of hang type is it? Oh seriously its mind hangout guys. What? Still don't have it, oh come on its identified as reading friends.

Dennis Gaines:

Beside that Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts in your phone, it can give you a way to get nearer to the new knowledge or facts. The information and the knowledge you can got here is fresh through the oven so don't be worry if you feel like an aged people live in narrow village. It is good thing to have Love Fed: Purely Decadent, Simply Raw, Plant-Based Desserts because this book offers to your account readable information. Do you oftentimes have book but you would not get what it's facts concerning. Oh come on, that would not happen if you have this within your hand. The Enjoyable option here cannot be questionable, just like treasuring beautiful island. Use you still want to miss this? Find this book as well as read it from at this point!

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