



The Healing Choice Guidebook: Move Beyond Betrayal (145)

Susan Allen

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The Healing Choice Guidebook: Move Beyond Betrayal (145) Susan Allen
A True Compass to Guide You Beyond the Devastation of Broken Trust.

When you experience a betrayal of intimacy in your marriage—whether through your husband's struggle with pornography or through outright infidelity—you need a wise and understanding counselor to guide you safely through raging storms of guilt, anger, bitterness, and resentment.

This powerful guide, a companion to *The Healing Choice*, walks you step by step through the process of personal healing, leading you to grow deeper in your relationship with God and equipping you to find healthy support in the company of other women who understand your pain.

You'll discover how to...

- recognize your spouse's emotional cycles and patterns of behavior—and your own
- sort through your emotions in healthy and effective ways
- gain deeper personal insights through the Bible and prayer
- engage in a support group in ways that encourage healing
- establish boundaries and ascertain whether it is safe to trust again and more.

Created by women who understand firsthand the devastation caused by sexual betrayal, this guidebook offers the practical help you need to move beyond your pain and find hope for genuine healing.

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A lot of people always spent their particular free time to vacation as well as go to the outside with them family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity honestly, that is look different you can read a book. It is really fun to suit your needs. If you enjoy the book which you read you can spent the entire day to reading a publication. The book The Healing Choice Guidebook: Move Beyond Betrayal (145) it is extremely good to read. There are a lot of people that recommended this book. They were enjoying reading this book. Should you did not have enough space to deliver this book you can buy typically the e-book. You can more easily to read this book through your smart phone. The price is not very costly but this book provides high quality.

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