



## How To Get Unstuck: 7 Steps to Bounce Forward When Life Knocks You Down

*Cheryl Hunter*

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Are you stuck? Does it seem like you're in a rut? Are you frustrated knowing that there is so much more you could be doing with your life? Do you find yourself asking, "How did I get here?" or, "Is this as good as it gets?" Have you ever found yourself watching on as others with less talent and ability get all the lucky breaks and succeed when you don't?

Whether you're working hard yet getting nowhere, or you're in a relationship that went sour long ago, or perhaps you know you were put here for a reason — a reason you may not even be in touch with at this point — but whatever it is it isn't getting fulfilled right now, then you are not alone.

If you long for something better, and you know there has got to be more to life, How To Get Unstuck is your answer.

It's Time. Your Life Is Waiting.



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