



## Person-Centred Therapy: A European Perspective

*Professor Brian Thorne*

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'In this scholarly book, Thorne and Lambers have gathered together significant contributions to the advancement of person-centred theory and practice from leading exponents of the approach in Austria, Belgium, Germany, The Netherlands, Norway and the United Kingdom.... I found the book both stimulating and challenging. The insight it offers into working with "difficult" clients is invaluable and the sections on theory stretched me in my understanding of the approach. I strongly recommend it to anyone from within or without the person-centred tradition who wants to achieve a real understanding of the approach "post Rogers" and get to grips with the vibrancy and vitality of person-centred thought in Europe' - *Counselling and Psychotherapy, The Journal of the British Association for Counselling and Psychotherapy*

This book brings together up-to-date contributions to the development of person-centred theory and practice from leading European practitioners.

The book makes available for the first time in English some of the most significant theoretical ideas and practical applications of a distinguished group of contributors at the cutting edge of the approach. It also gives a valuable insight into a vibrant professional network whose members are making a significant impact on the European world of counselling and psychotherapy. Covering a wide range of person-centred issues, the book provides unique and challenging material that will act as a springboard for debate at many levels between experienced practitioners, supervisors, trainers and trainees.



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