



Why Not You?: Twenty-eight Days to Authentic Confidence

Valorie Burton

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Whatever your career goals...

Whatever your financial objectives...

Whatever your personal dreams...

You Can Do It!

This action-oriented, step-by-step guide helps you build the authentic self-confidence that comes from knowing who you are, what you want—and equips you to go get it.

With motivational expert Valorie Burton as your personal coach and a 28-day plan, *Why Not You?* provides the tools you need to ...

- gain the assurance needed to transform your thinking
- focus on who you are, not what you do
- give yourself permission to be imperfect
- stop competing and comparing
- eliminate your confidence stealers
- learn how to achieve success by being authentic

Packed with unforgettable examples, pointers, and sparkplugs for ideas that work uniquely for you, *Why Not You?* reveals the secrets to building authentic personal confidence from the inside-out. Whatever your goal or your starting point, Valorie Burton equips you with proven experience to take the next steps to advance your career, finances, and relationships.

From the Trade Paperback edition.

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Susan Tarin:

Spent a free the perfect time to be fun activity to perform! A lot of people spent their leisure time with their family, or their friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Will you something different to fill your current free time/ holiday? Might be reading a book is usually option to fill your free time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the reserve untitled Why Not You?: Twenty-eight Days to Authentic Confidence can be great book to read. May be it may be best activity to you.

Robert Armistead:

Is it you who having spare time in that case spend it whole day by means of watching television programs or just resting on the bed? Do you need something totally new? This Why Not You?: Twenty-eight Days to Authentic Confidence can be the reply, oh how comes? A fresh book you know. You are so out of date, spending your spare time by reading in this brand-new era is common not a geek activity. So what these books have than the others?

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