



# The Handbook of Five Element Practice (Five Element Acupuncture)

*Nora Franglen*

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**The Handbook of Five Element Practice (Five Element Acupuncture)** Nora Franglen

A practical companion for students and practitioners of five element acupuncture that helps stimulate thoughts, refresh memories and strengthen the foundation of practice.

With detailed outlines of the different components of five element diagnosis and treatment and overviews of the main characteristics of the five elements, this complete manual will support and invigorate practice. Full of examples, it explores the skills and techniques needed to nurture patient-practitioner relationships, assess patients correctly, select appropriate treatments and needle the points effectively. The book also includes a Teach Yourself Manual to further refresh understanding of this ancient form of healing.

This comprehensive handbook will be of immeasurable use to students and practitioners of five element acupuncture, as well as those who are interested in studying acupuncture and want to know more.

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