



# Social and Psychosocial Determinants of Self-Rated Health in

*Hynek Pikhart*

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## **Social and Psychosocial Determinants of Self-Rated Health in** Hynek Pikhart

Life expectancy in countries of Central and Eastern Europe is substantially shorter than in Western Europe, and a similar divide exists in self-rated health.

This exhaustive study of populations in seven Central and European countries - Russia, Lithuania, Latvia, Estonia, Poland, Czech Republic and Hungary - examines the social and psychosocial determinants of this divide. Practitioners and graduate students of public health and social psychology will find this an invaluable resource.

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