



Ricette del giorno: Primi (Cucina) (Italian Edition)

Lorenzo Rossi, Donatello Verdi, Gianluca Gialli

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Continua il viaggio nel gusto proposto dal trio LDG (Lorenzo, Donatello e Gianluca) stavolta alle prese con “loro” maestà i primi! L’appellativo reale non è forzato, infatti la pasta, per tradizioni climatiche, secolari e antropologiche è il piatto principe della nostra cucina.

Avvicinarsi all’universo sterminato e “inclassificabile” dei primi piatti è impresa ardua, se non impossibile, almeno in termini di esaustività. Per questo l’approccio dei nostri tre cuochi per passione è quasi un omaggio, una sorta di itinerario gastronomico minimo che consentisse a tutti gli aspiranti chef di cimentarsi, oltre che con i classici evergreen rivisitati, anche con ricette meno battute nelle nostre cucine.

100 ricette che, travalicando le regioni italiane, spaziano dai fusilli alle penne, dagli spaghetti ai tonnarelli, dalle lasagne alle orecchiette, dagli gnocchi ai cannelloni, e immergono queste opere d’arte in condimenti altrettanto artistici. Se l’Italia è, infatti, la culla della cultura e dell’arte, la pasta, emblema del Belpaese, ne è la quintessenza.

Lo scrittore Anthelme Brillat-Savarin nel trattato Fisiologia del gusto affermava: “Invitare qualcuno a pranzo vuol dire incaricarsi della felicità di questa persona durante le ore che egli passa sotto il vostro tetto”.

Possiamo solo aggiungere che la felicità del nostro commensale crescerà esponenzialmente con un primo piatto preparato a regola d’arte.

Non ci resta che augurarvi Buon appetito... anzi Buon primo!

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