



Eating & Being. The Gastronomic Roots of Mexico

Nathalie Armella Spitalier, Vicente Camacho Lucario, Paulina Franch Gracia Medrano, Carlos Villanueva Avilez

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Pre-Hispanic man accorded food a central place and a vital importance in his culture. Products such as maize, beans, squash, cacao, and chili have their origins in Mesoamerica and form part of the cultural heritage of humanity. This catalogue, published in connection with the exhibition Eating and Being: The Gastronomic Roots of Mexico, seeks to honor the link between foods and the lives of human beings.



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