



# Solution-Focused Therapy: Theory, Research & Practice

*Alasdair Macdonald*

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## **Solution-Focused Therapy: Theory, Research & Practice** Alasdair Macdonald

This second edition of Solution-focused Therapy remains the most accessible yet comprehensive case-based introduction to the history, theory, research and practice of solution-focused therapy (SFT) within mental health care and beyond.

Drawing on contemporary research and the author's own extensive experience, the fully revised and updated new edition includes:

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- " extended discussion on ethical issues
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