



Nein, ich esse nicht! Therapie und Folgen von Magersucht (German Edition)

Janet Haertle, Irene Ballmann, Larissa Schott

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Fachbuch aus dem Jahr 2013 im Fachbereich Psychologie - Klinische u. Gesundheitspsychologie, Psychopathologie, , Sprache: Deutsch, Abstract: Von der Diät bis zur Magersucht ist es ein kurzer Weg. Viele junge Frauen sind von der Krankheit betroffen. Allerdings gibt es auch immer mehr Männer, die dem Schlankheitswahn verfallen.

Die Ursachen sind vielschichtig, besonders ausschlaggebend sind die Einflüsse von Gesellschaft und Familie. In diesem Buch werden die Folgen der Krankheit detailliert analysiert und unterschiedliche Therapieverfahren vorgestellt.

Aus dem Inhalt: Auslöser und Ursachen der Magersucht, Gesellschaftliche Einflüsse, Familiäre Einflüsse, Körperliche Folgen, Psychische und soziale Folgen, Psychotherapeutische Verfahren, alternative Behandlungsmethoden, Psychopharmakotherapie, Magersucht bei Männern.

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