



# **The Quarter-Life Breakthrough: Invent Your Own Path, Find Meaningful Work, and Build a Life That Matters**

*Adam Smiley Poswolsky*

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## **The Quarter-Life Breakthrough: Invent Your Own Path, Find Meaningful Work, and Build a Life That Matters**

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Have you ever known you needed to make a change, but were completely unable to do anything about it? Have you ever felt like you aren't where you are supposed to be, and wondered how the people around you managed to find their purpose in life?

After realizing that his well-paying, impressive job with the Peace Corps was actually making him miserable, Adam "Smiley" Poswolsky started asking those big questions: How do you actually find meaning in the workplace? How do you find work that makes your heart sing, creates impact, and pays your rent?

*The Quarter-Life Breakthrough* provides fresh, honest, counterintuitive, and inspiring career advice for anyone stuck in a quarter-life crisis (or third-life crisis) figuring out what to do with their lives. It shares the stories of many twenty- and thirty- somethings who are discovering how to work with purpose (and still pay their rent). With practical exercises and resources, this book is essential reading for career changers and anyone passionate about getting unstuck, pursuing work that matters, and changing the world.



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#### **Celia Redmond:**

The book The Quarter-Life Breakthrough: Invent Your Own Path, Find Meaningful Work, and Build a Life That Matters has a lot associated with on it. So when you read this book you can get a lot of advantage. The book was written by the very famous author. The writer makes some research before write this book. This book very easy to read you can obtain the point easily after scanning this book.

#### **Robert Nobles:**

Playing with family within a park, coming to see the marine world or hanging out with pals is thing that usually you have done when you have spare time, after that why you don't try factor that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love The Quarter-Life Breakthrough: Invent Your Own Path, Find Meaningful Work, and Build a Life That Matters, you may enjoy both. It is great combination right, you still want to miss it? What kind of hangout type is it? Oh come on its mind hangout men. What? Still don't get it, oh come on its known as reading friends.

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