



## The Impact of ICT on Quality of Working Life

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This book discusses the impact and effects of Information and Communication Technologies (ICT) on quality of working life of employees. It describes the changes and the acceleration of processes caused by the widespread use of ICT in a broad range of working areas and in different national contexts. It explores the important role ICT has come to play in nearly all work places in developed societies and the impact it is starting to have on work places in developing countries. The book brings together experts from the fields of ICT and quality of working life and from a variety of backgrounds and disciplines, including sociology, psychology, industrial engineering and macro ergonomics. It discusses the range of current positive and negatives effects as well as the possible increase of both kinds of effects in the future. The final chapter of the book integrates the diverse perspectives of the authors and gives recommendations on how to increase the possible positive outcomes and to diminish negative effects of ICT in an accelerated society.

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