



O Espalhar das Cinzas (Portuguese Edition)

Marlayna Glynn Brown

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Esta coleção de histórias reais irá convidá-lo a compreender as grandes implicações do suicídio no modo como afeta os outros. Este livro levanta várias questões.

O que acontece àqueles que são deixados para trás, quando alguém comete suicídio?

Como é que os sobreviventes lidam com o processo de luto?

Quais os métodos que usam?

Alguma vez chegam a recuperar de um trauma tão profundo?

As respostas a estas questões estão nos relatos das 26 pessoas que contribuíram para este trabalho.

Todos os anos, nos Estados Unidos, aproximadamente 40.000 pessoas cometem suicídio, fazendo desta a décima causa de morte dos Americanos. O número de suicídios nos Estados Unidos é o dobro do número de homicídios.

Por cada suicídio consumado há, aproximadamente, seis sobreviventes. Tal significa que, só este ano, surgiram 240.000 sobreviventes da perda por suicídio.

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